



# HEALTHCARE/HEALTH & WELLNESS DAY

Wednesday, January 6, 2016

Rome Memorial Hospital

2<sup>nd</sup> Floor Classroom

1500 N. James Street, Rome

## THANK YOU TO TODAY'S SPONSOR:



### HEALTHCARE DAY – DESIGN TEAM

<b>Rena Hughes</b>	Assistant Director, Rehab Therapy Services, <i>Rome Memorial Hospital (LMV '14)</i>
<b>Jackie Lewis</b>	Executive Office Manager, <i>Herkimer Area Resource Center (LMV '10)</i>

8:00 - 8:15	<b>Refreshments and Networking</b>
8:15 - 8:20	<b>Welcome and Introduction of Design Team</b> Jeremy Earl, Executive Director, <i>The Root Farm (LMV '09)</i>
8:20 - 8:30	<b>Welcome from Rome Memorial Hospital</b> Darlene Burns, Interim President/CEO, <i>Rome Memorial Hospital (LMV '91)</i>
8:30 - 10:00	<b>LEADERSHIP MODULE: The Leadership Challenge (Ch. 6/7: Challenge the Process)</b> Ann Rushlo, Executive Director, <i>Leadership Mohawk Valley (LMV '02)</i>
10:00 - 10:15	<b>Break</b>
10:15 - 11:00	<b>Generational Leadership</b> Loretta Myers, RN, Director of Emergency & Critical Care Svcs., <i>Rome Memorial Hospital</i>
11:00 - 12:00	<b>Healthcare in the Mohawk Valley</b> Robert Scholefield, EVP/COO, <i>Mohawk Valley Health System</i> Greg Mattacola, VP/Hospital Counsel, <i>Rome Memorial Hospital</i>
12:00 - 1:00	<b>Lunch</b>
1:00 - 2:00	<b>Getting Fit Begins When You Stand Up Straight (includes TEDxUtica talk)</b> Kelli Corasanti, Owner, <i>Studio 8 Fitness</i>
2:00 - 2:15	<b>Break</b>
2:15 - 3:15	<b>Workplace Wellness</b> Noelle Murphy, Manager of Client Experience & Certified Wellness Program Manager, <i>Gilroy, Kernan &amp; Gilroy (LMV '08)</i>
3:15 - 4:15	<b>The Role of Integrative Medicine in Healthcare</b> Kevin Mathews, MD, Board Certified Physician, <i>Mohawk Valley Health System</i>
4:15 - 4:30	<b>Wrap Up</b> <b>What's Happening</b> <b>Evaluations</b>
4:30 - 5:00	<b>Project Team Meetings</b>



# HEALTHCARE/HEALTH & WELLNESS DAY

Wednesday, January 6, 2016

Rome Memorial Hospital

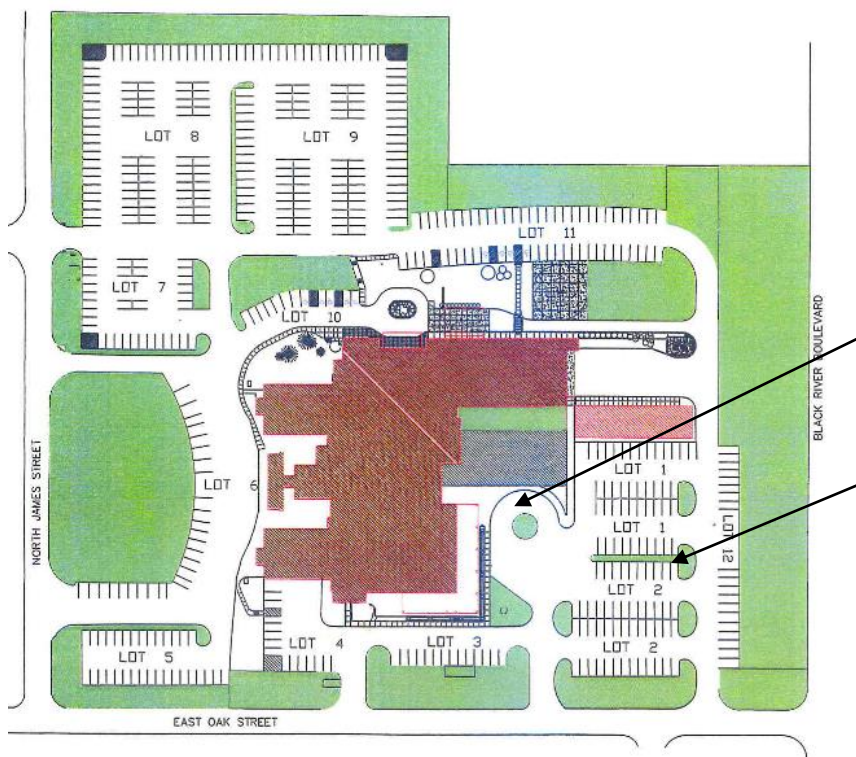
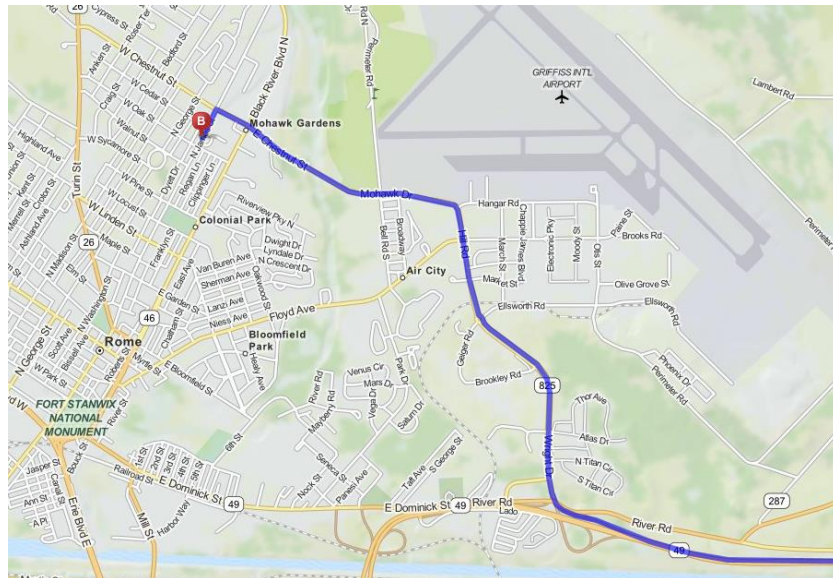
2<sup>nd</sup> Floor Classroom

1500 N. James Street, Rome

## Directions to Rome Memorial Hospital

From Utica area and all points east via Route 49:

- Take Route 49 West to the Route 365E ramp toward Griffiss Park. Keep left on ramp toward Griffiss Park
- Stay straight on main thoroughfare through the Park, Route 825. Pass through one roundabout
- When you cross the intersection at Black River Boulevard, Route 825 becomes E. Chestnut Street. Continue to the first light past Black River Boulevard (Friendly's Ice Cream on your right)
- At that light, turn left onto N. James Street. The hospital will be a block down on your left.
- Turn into the hospital's main entrance, and head behind the hospital (Black River Blvd. side) to lots 1/2
- Enter at the Bartlett entrance and take the elevator to the 2<sup>nd</sup> floor, where you'll find the classroom on your right as you exit the elevator



**ENTER  
HERE**

**PARK  
HERE**