



LMV Orientation Agenda
August 6 & 7, 2015
SUNY Polytechnic Institute
Oriskany Residence Hall Multipurpose Room

Thursday, August 6, 2015

- 8:00- 8:30**
- Registration @ Oriskany Hall Reception Desk
 - Mix & Mingle/Classmate Bingo
 - Individual photos (Lynne Browne)
 - **Light Breakfast:** coffee/tea/juice/bagels/fresh fruit/yogurt
- 8:30 - 9:00** **Welcome** - LMV Board President, **Jeremy Earl (LMV '09)**
LMV Executive Director **Ann Rushlo (LMV '02)**
- Introduction of LMV Alumni/Board Members
 - Review of materials in binder (including Program Days)
- 9:00 - 9:15** **Activity: "What Links Us"** - **Ann Rushlo (LMV '02)**
- 9:15 - 9:30** **Break:** bottled water/soda/coffee/fruit
- 9:30 - 11:15** **Activity: "Mapping My Territory"** - **Jeremy Earl (LMV '09) & Kristin West (LMV '12)**
- 11:15 - 12:10** **Activity: "Birth Order & Leadership"** - **Jennifer Bartlett (LMV '09) & Mary Clare Hatch-Pennello (LMV '13)**
- 12:10 - 12:15** **SUNY Poly Welcome** - Richard "Rit" Fuller, VP for Enrollment Management
- 12:15 - 1:00** **Lunch:** Hamburgers/Hotdogs/Salad/Water/Soda/Dessert
- 1:00 - 2:00** **Activity: "Rainbow Leadership"** - **Ann Rushlo (LMV '02)**
- 2:00 - 2:15** **Break:** Water/Soda/Cookies
- 2:15 - 3:30** **Activity: "My Leadership Circle of Influence"** - **Kristy Nole (LMV '04)**
- 3:30 - 4:15** **Activity: "LMV Serves: Team Projects Introduction/Discussion"** - **Ann Rushlo (LMV '02) & Kristin West (LMV '12)**
- 4:15 - 4:30** **Dorm Safety & Decorum** - **Jennifer R. B. Adams (LMV '13)**
Upcoming Program Days, What to Expect, Parting Thoughts & Homework Assignment - **Ann Rushlo**
- 4:30 - 5:00** Room check-in: Oriskany Hall
- 5:00 - 6:00** Networking and Cash Bar (Beer/Wine) - Student Center Multi-Purpose Room
- 6:00 - 7:30** **Alumni "BBQ" Dinner** - Student Center Multi-Purpose Room (please do not be late; we introduce each class member before dinner)
- 7:30 - ???** **Fun & Relaxation *****
- 8th Annual LMV "Kickball Classic" - Upper Soccer Fields (across from Oriskany Hall)
 - Karaoke & Refreshments - Oriskany Hall Patio (Class of 2016 only)

*** Just remember that we have the Ropes Course tomorrow morning!!!



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Friday, August 7, 2012

- 6:30 - 8:00 **Coffee, Tea & Water** available in Multi-Purpose Room before breakfast
- 8:00 - 8:45 **Full hot breakfast** in the Oriskany Hall Multi-Purpose Room
(Room keys to be turned in at Registration Desk before Breakfast & rooms vacated no later than 8:30)
- 8:45 - 9:00 Ropes Course Introduction & Instruction - **Dave Garrett**
- 9:00 - 11:30 Low Ropes Course - **Ropes Facilitators - Dave Garrett, Tim Cox, Beth Tolman (LMV '10)**
- 11:30 - 11:45 Ropes Course Debrief - **Dave Garrett** - Alumni Pavilion
- 12:00 - 12:45 **Lunch (make-your-own sandwiches, chips, cookies, beverages)** - Oriskany Hall Multi-Purpose Room
- 12:45 - 1:00 Wrap Up - **Ann Rushlo**
- Contract with Yourself (hand in if have not already done so)
 - What's Happening?
 - Next Steps/September Program Day/Reading Assignment
 - Parting Thoughts
 - Evaluations